

SCAR/STRETCH MARK CAMOUFLAGE

PRE-CARE ADVICE

Pre-care instructions MUST BE STRICTLY FOLLOWED to limit bleeding and skin sensitivities during the service. Excessive bleeding and sensitivity during the procedure will dilute and expel the pigment color and lead to poor results.

- The skin must be free of all irritations including blemishes, eczema, and psoriasis. Do not scratch the area before the procedure.
- Must be off Accutane medication for six months prior to getting a Cosmetic Tattoo.
- Stop taking Fish Oil, Vitamin C, Glucosamine, Evening Primrose Oil, Ginger, one week prior to your appointment as they thin the blood.
- Discontinue the use of any anti-aging, skin brightening or anti-acne skincare products. Particularly those that contain Alpha Hydroxy (AHA), Vitamin A, Retinol. Ideally, do not use these products for 30 days prior to your appointment, and yes, even if you do not use it near the area to be treated it does spread under your skin and your cosmetic tattoo will heal patchy. Once your tattoo has healed under the skin surface (approximately 6 weeks following your final session) you may resume your usual skin care routine.
- Do not schedule any facials, microdermabrasion, microneedling, peels or laser treatments for at least 4 weeks prior to your appointment.
- Do not have cosmetic injections on the forehead for at least two weeks prior to your appointment.
- Please avoid any type of blood thinning medication for a minimum of 72 hours prior to your procedure unless is unsafe to do so for your health. Please ask your doctor before stopping these types of medications. Such as: Ibuprofen, Aspirin, Advil, Niacin, Voltaren or Indocid. As well as prenatal vitamins, Vitamin E or nutritional shakes. Tylenol is recommended if you have a low pain tolerance.
- Avoid sun tanning or tanning beds for 2 weeks prior to procedure. If you show up to your appointment with a sunburn you will need to reschedule and will forfeit your deposit. As your skin exfoliates from a sunburn it will take the pigment. Tanned skin is damaged skin, and your color will not heal properly.
- Do not tweeze, thread, wax, tint, or perform electrolysis 1 week prior to the procedure.
- Scars from surgery or injury must be healed for at least one year prior to service.
- Do not drink alcohol 24 hours prior to your procedure
- Do not consume coffee or other caffeine products 24 hours prior.
- Please note that you will be more sensitive during your menstrual cycle.
- Do not wear serums, toners, creams, or other products the morning of procedure
- Shower the day of your procedure and gently exfoliate the area to be treated
- Avoid Smoking beginning 4 weeks prior to appointment
- Avoid antibiotics beginning 4 weeks prior to appointment

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AFTERCARE

You'll find that your cosmetic tattoo will last between 1 - 3 years after their initial 4-6 week touch up session.

- Do not shower for 12 hours. When you do so make sure to use a fragrance free cleanser
- Do not take Advil or any other anti-inflammatory 24hrs following your procedure
- Avoid wearing tight clothing for 2-3 days
- Day 1-14 Apply aftercare 2 times per day or as required to keep area hydrated - Recommended aftercare is Coconut oil
- Avoid Sweating for 8 full days (No gym, no working out, etc)
- Avoid tanning, beach, pool, jacuzzis and direct sun exposure for no less than 30 days
- Do not use any other ointments, creams or antibiotics until fully healed.
- Redness, Swelling, Tightness and Sunburned feeling are all normal for the first 7 days
- Area will become dry, flakey and possibly a small amount of scabbing (DO NOT PICK) - reapply aftercare ointment
- Apply Coconut Oil day 14 and up to next treatment or up to 8 weeks
- Future touch-up appointments are required to maintain their shape and depth of color. If you do not maintain, the color will lighten over time. Fading greatly depends on your skin type, lifestyle, sun exposure, pigment color used, broken capillaries, and iron deficiency. We suggest that if you want to maintain your brows so that they always look their best, plan on scheduling a touch up once a year for best results.
- Use a good sunscreen on the if you plan to be in the sun for a prolonged period of time. Sun exposure will fade your cosmetic tattoo overtime. Smokers, sun worshippers, or anyone with skin that is in a state of distress may have less desirable results. Sun exposure will make the color fade faster.
- If you are planning a chemical peel, laser procedure or MRI scan, inform the technician of your cosmetic tattoo.
- The use of Retin-A/Tretinoin, hydroquinone, or any other rapid skin exfoliation used regularly on any area surrounding the brow area will cause your cosmetic tattoo to fade prematurely.
- The use of chemical peels, acid peels, lightening or any brightening products that targets hyper-pigmentation used regularly on the forehead region can cause permanent eyebrows to fade prematurely.
- The use of exfoliating cleansers, scrubs, cleansers with acne fighting ingredients or "acid" in the name will cause rapid exfoliation of the skin containing the pigment and will increase odds of premature fading.

If during the healing process you have any questions or concerns, do not hesitate to email us at contact@thekokobella.com or text us at 614-452-9821.